



FINSTALL FIRST SCHOOL



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We care, we share, we learn and achieve

6th September 2018

ADVICE FOR PARENTS ON THE WEARING OF GOGGLES IN SWIMMING LESSONS

The school recognises that some pupils may wish to wear goggles to reduce the discomfort, which can occur when swimming. Should you wish for your child to wear goggles during School Swimming lessons, please consider the following advice and complete and return the reply slip at the bottom of the page.

1. Goggles should conform to British Standard 5883 this will ensure that the rims are well padded as cheap goggles may splinter easily.
2. Before use, goggles should be rinsed in the pool to help to prevent them from misting up.
3. Children should be shown how to put on and remove goggles safely; they should **only** push them up and then over the top of the head. They must **never** pull goggles forward as this can result in serious eye injury.
4. Goggles should never be worn in crowded pools or when diving.
5. Children should not touch other swimmers' goggles.

Whilst there will always be members of staff at swimming lessons who will be concerned for the welfare of your child, the school will not accept responsibility for the incorrect use of swimming goggles.

Goggles – Consent Form

I have read and understood the advice, outlined above, and I wish my child to wear goggles during school swimming lessons.

Signed..... Print Name.....

Child's Name..... Date.....

