

Curriculum Rationale for Relationships and Sex Education

RSE is lifelong learning that contributes to children's physical, moral and emotional development. It develops children's understanding of the importance of loving and caring relationships.

Curriculum Intent

To help foster children's wellbeing and develop the resilience and character traits needed for them to be safe, happy and prepared for life beyond school. To achieve a good understanding of families, friendships and health (mental and physical) and to help them to become respectful individuals who persevere to reach their goals.

Curriculum Implementation

RSE is delivered in Years R - 4 within the 'Jigsaw' scheme topics; 'Relationships' and 'Changing Me'. The topics are covered at the same time in each year group and are introduced through whole school assemblies which include the learning of topic relevant songs and vocabulary. The Jigsaw scheme allows for regular opportunities to recap prior learning to ensure that key skills, knowledge and concepts are embedded in long-term memory. The RSE curriculum is delivered by adults who develop strong, caring relationships with and between pupils. The learning environment fosters mutual and self-respect, tolerance and appreciation of differences. The Jigsaw scheme encourages a positive state of mind through a 'calming' aspect of each weekly session. 'Mindfulness' is promoted throughout the school through a variety of online activities such as 'GoNoodle Yoga.' SRE learning in Early Years is delivered in accordance with the 'Early Years Foundation Stage' curriculum and focuses on friendships, decision making and being healthy. Children take part in regular circle times and 'Mindfulness' activities.

Sex education is taught more explicitly and formalised towards the end of Year 4. Parents are informed and detailed content of the learning is explained to them. Different aspects of RSE are taught through the Science and PSHE curriculum. Formal vocabulary is taught e.g. names of body parts and this is recapped and developed further as children move through the school years. All year groups receive annual teaching, with support from the NSPCC, to develop their understanding and awareness of how to keep themselves safe.

Curriculum Impact

The impact of the RSE curriculum is evidenced by the high-quality outcomes in all year groups, and particularly in Year 4, through children knowing more, understanding more and remembering more, with increasing confidence, resilience and independence. This can be seen in children's work, collected in Class PSHE 'Jigsaw Journals,' from talking to the children about what they have been learning and from the assessments undertaken by Class Teachers at the end of each half termly unit. The percentages obtaining a good level of understanding and a deep level of understanding are analysed by the subject leader and show that almost all children in Years 1-4 achieve at least a good level of understanding and a very high % achieve a deep level of understanding.

Similarly, almost all EYFS children achieve an expected level of development in Personal, Social and Emotional Development.

The skills that children develop through their years at Finstall First School help them to become confident, resilient, independent and caring members of a society, in which they continue to succeed once they have left our School. Our children are well equipped with the skills, knowledge and understanding they need to prepare them for life in Modern British society.