



FINSTALL FIRST SCHOOL

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HEADTEACHER: Mr Stuart Evans

We care, we share, we learn and achieve

14th March 2019

Dear Parents,

Next Monday, 18th March is a day for Raising Awareness of Child Sexual Exploitation. Therefore, each class will be discussing the NSPCC's "Underwear Rule" in our PSHE lessons during the course of the week.

During these discussions we will aim to teach our pupils the following important safety skills at an age-appropriate level. We will be teaching our pupils the NSPCC's "Underwear Rule," using the 'PANTS' acrostic, which is like a green cross code for staying safe from sexual abuse. PANTS stands for:

- Privates are private
- Always remember your body belongs to you
- No means No
- Talk about secrets that upset you
- Speak up, someone can help

The lessons will introduce a range of ideas, all delivered in a way that's fully age-appropriate. These include:

- "appropriate" and "inappropriate" touching
- your child's right to say no to things that make them feel upset or uncomfortable
- naming parts of the body
- who your child can turn to if they ever feel upset or worried.

If you would like to know more about the NSPCC's campaign or you would like to know more about how you can help to keep your children safe, more information can be found by clicking the link below:

www.nspcc.org.uk/underwearrule

If you have any questions or concerns, please do not hesitate to contact your child's class teacher. Thank you for your continued support.

Yours sincerely,

Stuart Evans
HeadTeacher

