## **Book Roots Course**

Get your Pre-School child "school ready"



Course 1 (Term Sep – Dec) Starts: 17<sup>th</sup> September, 1 – 2.30 pm Course runs every Monday for 12 weeks at BromsgroveLibrary

For a Parent, Grandparent or Carer and their Pre-School child.

Each session uses a different children's book for fun games, activities and art and craft, and includes "school ready" skills like sleeping well, good bedtime routines, switching off screens, self care skills and remembering to stay really happy and positive.

Course is **FREE** if you meet our concession criteria.

For more information and to book a place please contact: **Bromsgrove Library**www.hacw.nhs.uk
www.worcestershire.gov.uk/adultlearning